

Training Camp for New Dads

September 13th, 2025

9am-1pm

124 N. Main St in Barre



Starting a family is exciting and a lot to think about and plan for. Being a dad is one of the most important jobs a man can have. What we do and how we do it makes so much difference in our children's lives.

Training Camp is an opportunity to prepare for the new addition to your home. We give hands on training and discuss the ins and outs of fathering including holding, feeding, swaddling and changing diapers. We share our hopes and challenges as we become fathers. We also discuss lifestyle changes, impact on our relationship with our partner and how to take care of ourselves.

For more information and to register, contact Josh Miller:
josh@vermontfatherhood.org; Text or call at 802-380-4752

****There is no cost for this workshop!***